

1 Minute Disciple

The 1 Minute Disciple is a simple process designed to help us grow as disciplined followers of Jesus Christ. The 1 Minute Disciple involves spending 1 minute each on 4 things:

- 1 Minute Scripture
- 1 Minute Discussion
- 1 Minute Praise
- 1 Minute Prayer

1 Minute Scripture:

Philippians Ch 2 vs. 3 *"Don't be selfish; don't try to impress others. Be humble, thinking of others as better than yourselves. 4 Don't look out only for your own interests, but take an interest in others, too. 5 You must have the same attitude that Christ Jesus had."* NLT.

1 Minute Discussion:

- What are some of things you've done to impress people?
- Can you remember a time when you thought in your mind that you were better than someone? How would Jesus have acted in the same situation?
- How do you show genuine interest in others?
- Give some examples of the attitude Jesus had?

1 Minute Praise:

- What is one thing (*doesn't matter how big or small*) that God has done in your life in the last week that you can give praise for?

1 Minute Prayer:

- Prayer for 1 friend/family member who doesn't know Jesus Christ as their Lord and Saviour.
- Prayer for 1 person who is sick to be healed
- Pray for HM09 conference: people to know Jesus, people to be empowered by the Holy Spirit, People to make a difference to humanity.
- Pray for Sleep Out for a Cause.

1 Minute Quotes

Courage

"Only when we are no longer afraid do we begin to live."
~ Dorothy Thompson

"One man with courage makes a majority."
~ Andrew Jackson

"Courage is more exhilarating than fear and in the long run it is easier. We do not have to become heroes overnight. Just a step at a time, meeting each thing that comes up, seeing it is not as dreadful as it appeared, discovering we have the strength to stare it down."
~ Eleanor Roosevelt

hm.youth dates

Sept 4 – e.night
hm auditorium 7-9pm
speaker Ps Nathan Claridge

Sept 11 community groups
All girls together – Jazz & Jewellery Night at hm.cafe.
Boys in various homes

Sept 18 – e.night
hm auditorium 7-9pm
speaker Ps. Bruce Claridge

Sept 22-23 HM09 Conference
in hm.auditorium

Sept 24 Sleep Out for a Cause
Bendigo Aquatic Centre. Raising funds to build a home in India for orphaned kids