

1 Minute Disciple

The 1 Minute Disciple is a simple process designed to help us grow as disciplined followers of Jesus Christ. The 1 Minute Disciple involves spending 1 minute each on 4 things:

- 1 Minute Scripture
- 1 Minute Discussion
- 1 Minute Praise
- 1 Minute Prayer

1 Minute Scripture:

Philippians Ch 1 vs. 9 *"I pray that your love will overflow more and more, and that you will keep on growing in knowledge and understanding. 10 For I want you to understand what really matters, so that you may live pure and blameless lives until the day of Christ's return. 11 May you always be filled with the fruit of your salvation—the righteous character produced in your life by Jesus Christ for this will bring much glory and praise to God."* NLT.

1 Minute Discussion:

- How can we keep on growing in knowledge and understanding?
- What does it mean to live pure and blameless lives?
- What would be some examples of righteous character?
- How does living a pure life bring glory and praise to God?

1 Minute Praise:

- What is one thing (*doesn't matter how big or small*) that God has done in your life in the last week that you can give praise for?

1 Minute Prayer:

- Prayer for 1 friend/family member who doesn't know Jesus Christ as their Lord and Saviour.
- Prayer for 1 person who is sick to be healed
- Pray for our next E-Night – that God will move powerfully and for Tegan who is speaking.

1 Minute Quotes

Discipline

"The first and best victory is to conquer self."

~ Plato

"Discipline is the refining fire by which talent becomes ability."

~ Roy L. Smith

"The individual who wants to reach the top in business must appreciate the might and force of habit. He must be quick to break those habits that can break him - and hasten to adopt those practices that will become the habits that help him achieve the success he desires."

~ Jean Paul Getty

"Some people regard discipline as a chore. For me, it is a kind of order that sets me free to fly."

~ Julie Andrews

hm.youth dates

July 24 – e.night

hm auditorium 7-9pm

speaker Tegan Mulqueen

July 31 community groups

All groups together – meet at church to bus out to the Pools for bonfire night return back at church at 10pm

Aug 7 – e.night

hm auditorium 7-9pm

speaker Ps. Nathan

Aug 14 community groups

Aug 21 – e.night

hm auditorium 7-9pm

speakers Young Guns Night